

# **Monitoring PAH pollution in the marine environment after the *Prestige* oil-spill by means of seabird blood analysis**

Cristóbal Pérez<sup>1</sup>, Alberto Velando<sup>1\*</sup>, Ignacio Munilla<sup>1</sup>, Marta López-Alonso<sup>2</sup>, Daniel Oro<sup>3</sup>

<sup>1</sup>Departamento de Ecoloxía e Bioloxía Animal. Facultade de Bioloxía. Universidade de Vigo. Campus Lagoas-Marconsende. 36310 Vigo, Spain

<sup>2</sup>Departamento de Patoloxía Animal. Facultade de Veterinaria. Universidade de Santiago de Compostela. 27002 Lugo, Spain

<sup>3</sup>IMEDEA (CSIC-UIB). C/Miquel Marqués 21. 07190 Esporles, Majorca, Spain

\*Author for correspondence:

Alberto Velando

Departamento de Ecoloxía e Bioloxía Animal

Campus Lagoas-Marcosende

Universidade de Vigo. 36310 Vigo, Spain

e-mail [avelando@uvigo.es](mailto:avelando@uvigo.es)

Tel +34 986812590

Fax: +34 986812556

1 In this study we tested the use of seabird blood as a bioindicator of polycyclic aromatic  
2 hydrocarbon (PAH) pollution in the marine environment. Blood cells of breeding yellow-  
3 legged gulls (*Larus michabellis*) were able to track spatial and temporal changes consistent  
4 with the massive oil pollution pulse that resulted from the *Prestige* oil spill. Thus, in 2004,  
5 blood samples from yellow-legged gulls breeding in colonies that were in the trajectory of  
6 the spill doubled in their total PAH concentrations when compared to samples from  
7 unoiled colonies. Furthermore, PAH levels in gulls from an oiled colony decreased by  
8 nearly a third in two consecutive breeding seasons (2004 and 2005). Experimental evidence  
9 was gathered by means of an oil-ingestion field experiment. The total concentration of  
10 PAHs in the blood of gulls given oil supplements was 30% higher compared to controls.  
11 This strongly suggested that measures of PAHs in the blood of gulls are sensitive to the  
12 ingestion of small quantities of oil. Our study provide evidence that seabirds were exposed  
13 to residual *Prestige* oil 17 months after the spill commenced and gives support to the non  
14 destructive use of seabirds as biomonitors of oil pollution in marine environments.

15

16

## 17 **Introduction**

18 Polycyclic aromatic hydrocarbons (PAHs) are globally distributed environmental  
19 contaminants which attract considerable concern because of their known toxic and  
20 bioaccumulative effects in animals (1, 2). In humans, health risks associated to PAH  
21 exposure include cancer (3) and DNA damage (4). The major sources affecting the  
22 presence and distribution of PAHs in the environment are anthropogenic (5). In the  
23 marine environment, these include large oil spills from tankers, oil discharges by all kinds  
24 of ships and activities associated with offshore oil and gas exploration and production (6).

25 Immediate negative impacts are expected from oil pollution in coastal and offshore  
26 environments through acute mortality of marine organisms directly exposed to oil (7, 8).  
27 For example, lethal short-term effects of large oil spills often involve substantial seabird  
28 losses (9). Nonetheless, marine organisms can also become affected to the long-term  
29 exposure of the persistent and bioaccumulative components of oil via several indirect  
30 processes mediated through the ecosystem (10, 2). Direct effects immediately following an  
31 oil spill typically attract the greatest public and scientific concern (11, 7). In contrast,  
32 sublethal effects due to chronic oil exposure have rarely been explored (some exceptions:  
33 12-13). Such research is more costly to conduct because it involves longer time frames and  
34 requires evaluation of multiple mechanisms of potential impact to biological systems (14).

35 Petroleum products are toxic to seabirds (15). Life history characteristics of  
36 seabirds make them particularly vulnerable to oil pollution (14) because they spend much  
37 of their lives on the ocean's surface, and because their populations concentrate in habitats  
38 prone to high oil exposure (16). Moreover, because seabirds are placed in high trophic  
39 positions, they are likely to be good candidates to monitor the marine ecosystem (16). In  
40 fact, seabirds also been used to follow polluting agents as heavy metals and  
41 organochlorines (17, 18). Nevertheless, very few studies have monitored PAH  
42 concentrations in bird tissues; in these studies the approaches mainly used are based upon  
43 the examination of birds either found dead or sacrificed (10, 19-21) though eggs have also  
44 been used to follow the *Sea Empress* oil spill (22). Scarcity of data about PAHs in seabird  
45 tissues probably reflects the view that vertebrates are not good models to assess oil  
46 contamination because of their high ability in metabolizing PAHs (23, 24). In common  
47 with all vertebrates, birds have well-developed mixed function oxygenase (MFO) systems  
48 that can rapidly metabolise parent PAHs into hydrophilic products that are more easily  
49 excreted, thereby, making it difficult to determine the chemical structure of the original  
50 compound. For example, PAHs were metabolized by chicken embryo within two weeks

51 after injection into eggs (25). Consequently, only minor concentrations of parent  
52 compounds are usually detectable in vertebrate tissues (26, 27) and it has been postulated  
53 that directly measuring oil constituents in bird tissues does not accurately reflect exposure  
54 to xenobiotic parent compounds (28). Alternative techniques as PAH metabolite bile  
55 burden have been developed or the induction of cytochrome P450 (12, 21, 28). However,  
56 these measures normally require freshly killed animals.

57 Here, we present the analysis of PAHs in seabird blood as a convenient and  
58 relatively rapid method with little disturbance to birds for monitoring PAH contamination  
59 in the marine environment. Since blood cells are continuously being produced and have a  
60 lifespan of several weeks (29), the presence of PAHs in blood cells probably indicates a  
61 recent incorporation during erythropoiesis. As far as we know, no previous studies have  
62 investigated the presence of PAHs in the blood of birds exposed to oil (but see 30 for an  
63 example in mammals). We evaluated the adequacy of yellow-legged gulls (*Larus michabellis*  
64 formerly *Larus cachinnans*) as indicators of PAH pollution derived from the *Prestige* oil spill  
65 by measuring the concentration of 15 *Prestige* oil PAHs in their blood.

66 The *Prestige* wreck, off Galicia (NW Spain) in November 2002, was one of the most  
67 recent examples of a large marine oil spill. It resulted in the released to the marine  
68 environment of approximately 60,000 tonnes of oil products in the eights months  
69 following the wreck, spreading pollution from Northern Portugal to France (Figure S1 in  
70 the Supporting Information (SI)). The *Prestige* oil spill is considered the biggest large-scale  
71 catastrophe of its type in Europe. Since incorporation of oil from the *Prestige* is currently  
72 being detected in the marine food chain (31, 32, 4), chronic exposure of seabirds would be  
73 expected, as they are long lived and upper trophic level consumers..

74 In the present study, two complementary approaches were used; firstly, we  
75 compared PAHs levels in the blood of adult yellow-legged gulls captured in unoiled and  
76 oiled breeding colonies, seventeen months after the event. Secondly, we performed an oil-

77 ingestion experiment by supplementing a sample of gulls with oil (33). This experiment  
78 allowed us to evaluate whether seabird blood reflected direct exposure to PAHs and to  
79 study the dynamics of PAHs incorporation in blood (34). In addition, since it is expected  
80 that oil incorporation in the food web from the spill will lessen with time, we compared  
81 PAH values from gulls sampled at the oiled colony of Illas Cíes in two consecutive years.

82

## 83 **Materials and Methods**

84 **Spatial study.** Bird sampling was performed in seven insular yellow-legged gull breeding  
85 colonies distributed along the coast of North-western Spain (Figure S1). Since yellow-  
86 legged gulls feed mainly on marine organisms (35; >80% in 2004) at an average distance of  
87 less than 40 km away from the breeding colony (36), PAHs in blood probably indicates  
88 contamination at local scale. Three of the colonies were located in an area that was free  
89 from the impact of the *Prestige* oil spill (unoiled area: Coelleira, Ansarón and Pantorgas),  
90 whereas the other four were in the pathway of the spill (oiled area: Cíes, Ons, Vionta and  
91 Lobeiras). In total, 61 adults (32 females and 29 males) were nest-trapped in 2004 while  
92 incubating (May 19 to June 5), 17 months after the *Prestige* wreck.

93 **Oil-ingestion experiment.** In order to evaluate the effect of oil ingestion on the  
94 presence of PAHs in the blood of gulls, we performed a field experiment at the Illas Cíes  
95 breeding colony (Figure S1). At the end of April 2005, during the courtship period of gulls,  
96 we randomly allocated 36 breeding pairs to the experiment of which 16 were fed oil (oil-  
97 supplemented group) and 20 were treated as controls (control group). Between one and  
98 thirty days after egg laying was complete (i.e.: the third egg was laid) 18 control (10 females  
99 and 8 males) and 12 (8 females and 4 males) oil-supplemented gulls were trapped at the  
100 nest (one gull per pair) and a blood sample was taken (see further details in supporting  
101 information). The comparison between the concentration of PAHs in control adults with

102 respects to adults sampled in 2004 were used to estimate temporal changes in the PAH  
103 contamination after the *Prestige* oil spill.

104 **Blood sampling and PAH analysis.** Blood cells were analyzed to determine and  
105 quantify haematological levels of PAHs. A blood sample (1-2 ml, depending on body mass)  
106 was taken from the ulnar vein with a heparinized 25G needle. Blood was immediately  
107 transferred to plastic tubes that were kept cool in ice boxes (4°C), and centrifuged at the  
108 end of the day. Blood cells were transferred into cryovials which were kept frozen at -80°C  
109 until analysis. The PAHs that were selected for analysis were the 15 PAHs (Table 1)  
110 constituents of the oil spilled by the *Prestige* (37) according to PAH priority pollutants listed  
111 by the United States Environmental Protection Agency (US EPA) (38). PAH levels were  
112 determined by high performance liquid chromatography (HPLC) coupled to a wavelength  
113 programmable fluorescence detector (see further details in supporting information)

114 **Statistical analysis.** Spatial comparisons of PAH values were tested by means of a  
115 generalized mixed model (PROC MIXED in SAS software; SAS Institute, 2001) including  
116 the area (oiled *vs.* unoiled) as fixed factor and the identity of each colony as a random  
117 factor. Temporal comparisons between birds sampled at Cíes in 2004 and 2005 as well as  
118 the effect of oil ingestion on the concentration of PAHs in the blood of experimental gulls  
119 were type II errors due to small sample size (see ethical considerations above), the effect of  
120 oil ingestion was analyzed using one-tailed tests and significance levels set at 0.05, as  
121 recommended in studies which involve manipulations that are potentially detrimental to  
122 animals (39). For each PAH, regression curves were fitted to data from the oil-  
123 supplemented group as a means to examine significant non-linear relationships between the  
124 blood levels at the time of capture and time since ingestion. Furthermore, data were subject  
125 to a Principal Component Analysis (PCA), in order to analyze the underlying effect of the  
126 *Prestige* oil spill on the individual concentrations of the PAHs found in the blood of gulls.  
127 This analysis included the adults sampled in the temporal study and the experimental birds

128 as well. Data are expressed as mean  $\pm$  SE.analyzed using *t*-tests. Sex of the bird did not  
129 show significant effects on PAH concentration ( $p > 0.09$  in all cases) and was not included  
130 in the analyses. In order to avoid

131

## 132 **Results**

133 **Spatial and temporal distribution of PHA pollution.** In 2004, 17 months after the  
134 *Prestige* disaster, the concentration of  $\Sigma$ PAHs in the blood cells of gulls from oiled colonies  
135 was, on average, 120% higher than concentrations found in gulls from unoiled colonies  
136 ( $F_{1,59} = 5.44$ ,  $p = 0.011$ ; Figure 1A). Gulls from Lobeiras, the colony most heavily affected  
137 by the spill, showed the highest  $\Sigma$ PAHs values (Figure 1A). Differences between oiled and  
138 unoiled colonies were significant for four compounds (naphthalene, fluorene, anthracene  
139 and pyrene; Table 1) and in the oiled colonies, PAH profiles in gull blood were clearly  
140 dominated by naphthalene (Table 1).

141 The temporal comparison between gulls sampled in 2004 and 2005 (control group  
142 in the experimental study) at Illas Cíes showed an overall decrease in  $\Sigma$ PAHs levels with  
143 time (Table 1, the  $\Sigma$ PAHs in blood decreased by 170%). Accordingly, the majority of oil  
144 compounds showed reduced concentrations in blood in 2005 (Table 1).

145 **Oil ingestion experiment.** The oil-supplemented group showed higher  $\Sigma$ PAHs  
146 concentrations in blood than control gulls (Figure 1B;  $t_{28} = 1.87$ ,  $p = 0.036$ ). Overall,  
147 specific PAH concentrations in oil-supplemented gulls were significantly higher for five  
148 compounds (anthracene, fluoranthene, benzo(k)fluoranthene, benzo(a)pyrene,  
149 dibenz(a,h)anthracene; Figure S2). The relative abundances of individual hydrocarbons in  
150 the blood samples of oil-supplemented gulls was not in accordance with their proportions  
151 in the oil supplements ( $r = -0.14$ ,  $p = 0.61$ ). Moreover, their relative abundances in blood  
152 correlated inversely with molecular weight ( $r = -0.71$ ,  $p = 0.003$ ) and the number of rings ( $r$   
153  $= -0.749$ ,  $p = 0.001$ ).

154           When the effect of time after ingestion was analyzed, a specific pattern for each  
155 compound was found. Thus, six compounds showed significant non-linear responses  
156 (Figure 2). Of these, fluorene, fluorantene, benzo(a)pyrene and dibenzo(a,h)anthracene)  
157 showed similar response patterns: oil-supplemented gulls trapped at the end of the  
158 experiment consistently showed higher blood concentrations than birds trapped in the few  
159 days after ingestion (Figure 2). In contrast, the concentration of indeno(1,2,3-cd) pyrene  
160 decreased according with the time of capture and, benzo(b+j)fluoranthene concentration  
161 started to decrease in birds captured 15 days after the oil ingestion. The other compounds  
162 did not show a significant relationship with the time from oil ingestion ( $p > 0.05$ ).

163           **Principal Component Analysis.** The factorial analysis revealed the presence of  
164 three main factors accounting for 61% of the total variance observed. The first component  
165 (PC1) explaining 28.3 of the total variance; probably represents total oil pollution, thus it is  
166 highly correlated with PAHs ( $r = 0.92$ ,  $p = 0.003$ ). The second and third components  
167 explained 18.4 and 13.9 of the variance, respectively. These two components clearly  
168 separated oiled from unoiled colonies (Figure 3): oiled colonies showed positive values in  
169 PC2 and PC3, whereas unoiled colonies showed negative values in PC2. Thus, PC2 ordered  
170 the colonies according to their degree of exposure to the *Prestige* oil. In the experimental  
171 birds, the supplementation of *Prestige* oil increased the PC2 but not the PC3 values, further  
172 validating the PC2 component as indicator of *Prestige* pollution. Accordingly, the PC3  
173 component (highly correlated with benz(a)anthracene and pyrene) probably indicates oil  
174 pollution from others sources. Interestingly, the gulls sampled at Illas Cies in 2005 (CI05;  
175 Figure 3) displayed lower values in the PC2 and PC3 components when compared to the  
176 2004 samples (CI; Figure 3) suggesting a reduced exposure to oil contamination for gulls in  
177 2005.

178

179 **Discussion**



180 To our knowledge, this is the first field study in which levels of PAHs were measured non-  
181 destructively in a vertebrate with the purpose to monitor oil pollution in the marine  
182 environment after a large oil spill. Overall, our study provides reliable support to the  
183 potential use of seabird blood as a monitoring tool for oil exposure. This view is based  
184 upon observational and experimental evidences. First, the technique was able to track  
185 spatial and temporal changes consistent with the massive oil pollution pulse that resulted  
186 from the *Prestige* wreck in 2002 (40). Thus, yellow-legged gulls sampled in oiled colonies  
187 doubled total PAH concentrations when compared to gulls from unoiled colonies.  
188 Furthermore, PAH levels in gulls from a colony in the trajectory of the spill (Illas Cíes)  
189 decreased by nearly a third in one year. On the other hand, our field experiment strongly  
190 suggested that the profile of PAHs in the blood of gulls is likely to be influenced by the  
191 composition of recently ingested oil and that measures of PAHs in the blood of gulls are  
192 sensitive to the ingestion of small quantities of oil.

193 Polycyclic aromatic hydrocarbons are constituents of oil that, upon ingestion, are  
194 rapidly metabolized, thereby, making it difficult to determine the chemical structure of the  
195 original compound. For this reason, it has been postulated that low concentrations of  
196 parent PAHs should be expected in vertebrate tissues (25-27). Nonetheless, we found  
197 higher concentrations of parent PAHs in the blood cells of yellow-legged gulls that were  
198 exposed to the *Prestige* oil (either experimentally or at the moment of the spill) respect to  
199 unexposed gulls. The mean concentration of parent PAH compounds (n = 15), analyzed in  
200 blood cells of yellow-legged gulls, were  $139.53 \pm 21.42$  ng/g dry weight (range 6.48 –  
201 860.78 ng/g; equivalent to  $86.12 \pm 13.22$  ng/g wet weight) in the range of values reported  
202 for other seabird tissues. Thus, for example, in muscle tissues of silver gulls (*Larus*  
203 *novaehollandiae*) and australian pelicans (*Pelecanus conspicillatus*) the mean concentration values  
204 were 85 and 75 ng/g ww respectively ( $\Sigma_{12}$ PAHs; 19); in herring gull (*Larus argentatus*)  
205 muscle the mean values were  $37.8 \pm 12.5$  ng/g ww ( $\Sigma_{18}$ PAHs; 41), whereas in the liver of

206 oil exposed guillemots (*Uria aalge*) the mean values were  $250 \pm 90$  ng/g (range 40 - 970  
207 ng/g, ww;  $\Sigma_{10}$ PAHs; 21). Inter-specific comparisons of PAHs levels should be treated with  
208 caution due to high intra-specific variability as shown by our results and because PAHs  
209 concentrations probably differ broadly among tissues. Thus, for example, in eider ducks  
210 (*Somateria mollissima*), the mean value was 7.8 ng/g dw in liver, 46 ng/g in gallbladder and  
211 9.7 ng/g in adipose tissue ( $\Sigma_7$  PAHs; 10), suggesting important within organism variability.

212         The spatial comparison of PAH levels in the blood of yellow-legged gulls breeding  
213 in oiled versus unoiled colonies, strongly suggests that yellow-legged gulls were exposed to  
214 residual *Prestige* oil 17 months after the spill commenced. Acute toxicity is expected when  
215 seabirds exposed to the spill ingest oil by preening (42). However, contaminated prey are  
216 also a potential source of ingestion and continued incorporation of oil products through  
217 trophic processes has been documented for seabird species after a large oil spill (12). The  
218 life history characteristics of yellow-legged gulls make them susceptible to continued  
219 exposure to remnant oil (13) because they frequently occur and feed in coastal and  
220 nearshore environments, which are the same areas that received much of the oil spilled  
221 from the *Prestige*. Adult yellow-legged gulls in North-western Spain are sedentary and feed  
222 extensively on benthic and intertidal marine organisms (35). Sublethal effects derived from  
223 continued oil exposure have been recently documented for yellow-legged gulls in North-  
224 western Spain (13).

225         In the oiled colonies, most of the PAH profiles in gull blood were dominated by  
226 naphthalene (22 - 38%), indicating a petrogenic (i.e.: derived from petroleum) source (43).  
227 Although after the wreck, the composition of the *Prestige* oil was probably altered by  
228 weathering (44), naphthalene was also the dominant parent compound found in subsurface  
229 waters (45) and intertidal sediments (46) from oiled areas immediately after spill. In  
230 contrast, gulls from unoiled colonies showed low naphthalene percentages (6 - 12%), and  
231 profiles were dominated by PAHs with a large number of benzene rings ( $\geq 4$  rings),

232 especially in Pantorgas and Ansarón colonies, indicative of a rather pyrogenic source of  
233 contamination. In other studies, naphthalene and tricyclic PAHs also dominated samples  
234 from seabird species, including gulls, affected by petrogenic contamination (19, 21). The  
235 differences on PHA profiles between the gull blood and the *Prestige* crude oil can be due to  
236 oil alterations by weathering, changes in PAH composition in the prey tissues, or specific  
237 metabolization of PHA compounds by gulls (see below).

238         There is no information about PAH levels in the blood of yellow-legged gulls  
239 before the *Prestige* wreck to complete the classic before-after-control-impact (BACI)  
240 approach (47). Nevertheless, the comparison of gulls sampled at Illas Cíes in 2004 and  
241 2005 is consistent with the expected reduction in PAH levels with time after acute oil  
242 incorporation during the spill. Thus, ΣPAHs concentrations in the blood of gulls decreased  
243 threefold in just one year, down to the 2004 values from unoiled colonies. Interestingly, the  
244 reduction in PAH levels with time also suggest that PAH concentrations right after the  
245 wreck may even have been higher than those found in 2004 samples (17 months later).  
246 Except for five compounds, the majority of hydrocarbons decreased their concentrations  
247 abruptly. This reduction was not related to molecular weight or the number of aromatic  
248 rings, suggesting an overall reduction in oil exposure by yellow-legged gulls in coastal  
249 North-western Spain in 2005. Although the reduction in PAH levels should be treated with  
250 caution because it was estimated in a single colony, our results are in agreement with  
251 studies on other marine organisms (mussels, *Mytilus galloprovincialis*), that found that ΣPAHs  
252 also decreased substantially with time after the *Prestige* event (48).

253         In our experiment, gulls fed with oil increased their blood concentration of PAHs  
254 by 30% with respect to controls, hence revealing that PAHs levels in the blood of yellow-  
255 legged gulls were in some extent directly related with oil ingestion. A rough extrapolation  
256 from the experiment indicates that the ingestion of 3.25 µg of ΣPAHs resulted in an  
257 increase of 1 ng/g of PAHs in blood. However, the relative abundances of PAHs in blood

258 were not in accordance with the composition of the oil ingested. Interestingly, heavier  
259 compounds showed lower concentrations in blood, suggesting that gulls mobilized and  
260 metabolized PAH compounds differentially depending on their number of rings or  
261 molecular weight. Note that vertebrate erythrocytes have a finite programmed lifespan in  
262 blood circulation (30 days in birds; 29), thus PAHs found in blood cells were mobilized  
263 recently. However, the incorporation of ingested PAHs into the blood cells during  
264 erythropoiesis is complex and specific of each compound, while differences in  
265 metabolization should also be expected (49, 25). Differences in the mobilization and  
266 metabolization of PAHs by gulls were also evident in the study of the temporal pattern of  
267 PAHs in blood since oil ingestion. Although our experiment was not designed to entirely  
268 cover the metabolism of these compounds in seabird blood, six of the PAHs analyzed  
269 presented significant short-term patterns of change. In four compounds, the highest  
270 concentrations in blood were measured towards the end of the experiment. In vertebrates,  
271 ingested PAHs are transported to the liver and some fraction is transformed in excretable  
272 compounds, but some PAHs remain in the enterohepatic circulation extending the  
273 residence time of PAHs in the body (50). The increase of some PAHs in oil-fed gulls at the  
274 end of the experiment may be due to the incorporation during the erythropoiesis of  
275 enterohepatic circulating PAHs. Interestingly, different temporal patterns of PAH  
276 compounds in experimental gulls probably indicates different rates of metabolization and  
277 residence in the liver. The experimental study suggests that using gull blood as a  
278 monitoring tool may underestimate the exposure to heavier PAHs and that acute exposure  
279 to some PAH may not be adequately reflected if samples are taken too shortly after an oil  
280 pollution event.

281         Lastly, the factorial analysis revealed that the variance in the blood concentration of  
282 PAHs could be grouped in three main factors. While the first factor (PC1) represented total  
283 oil pollution in blood, the other two components (PC2 and PC3) clearly segregated oiled

284 and oiled colonies. In addition, PC2 probably indicated exposure to the *Prestige* oil. Two  
285 main lines of evidence further support the use of this component as proxy of *Prestige*  
286 pollution. First, the PC2 was highly correlated with the amount of ΣPAHs in the sediments  
287 close to the colonies shortly after the *Prestige* spill ( $r = 0.96$ ,  $p = 0.01$ ; data from Gonzalez  
288 2006). Moreover, experimental gulls fed with *Prestige* oil, increased their PC2 but not their  
289 PC3 scores. The PC3 scores probably indicated oil contamination from other sources (i.e.:  
290 chronic). Interestingly, the PC3 score of Illas Cíes was lower in 2005 than in 2004,  
291 suggesting that lower levels of (chronic) oil pollution were operating. Enforcement of  
292 controls of illegal oil discharges from passing ships after such a large and visible oiling  
293 incident as the *Prestige* spill could explain this pattern (6).

294 In summary, our study not only provides evidence on the temporal and spatial  
295 patterns of oil contamination in the marine ecosystems of North-western Spain after the  
296 *Prestige* oil spill but also gives support to the use of seabirds as biomonitors of oil pollution  
297 in a non destructive manner. Monitoring programs based upon the analysis of PAHs in  
298 seabird blood are therefore promising, providing that harm and disturbance to seabird  
299 individuals and populations is kept to a minimum.

## Acknowledgments

We want to express our gratitude to Parque Nacional de las Islas Atlánticas de Galicia, Naviera Mar de Ons, Confraría de Celeiro and the Punta Roncadoira crew (Delegación da Consellería de Pesca en Celeiro) for logistic support and the IEO for kindly providing a sample of Prestige oil. Carmen Díez, Julio Eiroa, David Álvarez and Manolo Pajuelo assisted in field work. A.V. was supported by a Ramon y Cajal Fellowship (Ministerio de Educación y Ciencia, Spain). The present study was founded by the program Plan Nacional I+D+I 2004-2007 (Ministerio de Educación y Ciencia, Spain).

## Supporting Information Available

Map of coastal areas affected by the *Prestige* oil spill. Details on oil-ingestion experiment and PAH analyses are given. Mean of PAHs in the blood cells of yellow-legged gulls subject to an oil ingestion experiment. PAH profiles in the oil used in the ingestion experiment.

## Literature Cited

- (1) Moore, M. N.; Livingstone, D. R.; Widdows, J. Hydrocarbons in marine mollusks: Biological effects and ecological consequences. In: Varanasi, U. (Ed.), *Metabolism of Polycyclic Aromatic Hydrocarbons in the Aquatic Environment*. CRC Press Inc., **1989**, 291–328.
- (2) Meador, J. P.; Stein, J. E.; Reichert, W. L.; Varanasi, U. Bioaccumulation of polycyclic aromatic hydrocarbons by marine organisms. *Rev. Environ. Contam. Toxicol.* **1995**, 143, 79-165.
- (3) Baars, B. J. The wreckage of the oil tanker “Erika” – human health risk assessment of beach cleaning, sunbathing and swimming. *Toxicol. Lett.* **2002**, 128, 55–68.
- (4) Laffon, B.; Fraga-Iriso, R.; Pérez-Cadahía, B.; Méndez, J. Genotoxicity associated to exposure to Prestige oil during autopsies and cleaning of oil-contaminated birds. *Food Chem. Toxicol.* **2006**, 44, 1714–1723.

- (5) van Metre, P. C.; Mahler, B. J.; Furlong, E. T. Urban sprawl leaves its PAH signature. *Environ. Sci. Technol.* **2000**, 34, 4064-4070.
- (6) Wells, P. G. Oil and seabirds: The imperative for preventing and reducing the continued illegal oiling of the sea by ships. *Mar. Pollut. Bull.* **2001**, 42, 251-252.
- (7) Paine, R. T.; Ruesink, J. L.; Sun, A.; Soulanille, E. L.; Wonham, M. J.; Christopher D. G.; Harley, C. D. G.; Brumbaugh, D. R.; Secord D. L. Trouble on oiled waters: Lessons from the Exxon Valdez Oil Spill. *Annu. Rev. Ecol. Syst.* **1996**, 27, 197–235.
- (8) daSilva, E. M.; PesoAguiar, M. C.; Navarro, M. D. T.; Chastinet, C. D. E. A. Impact of petroleum pollution on aquatic coastal ecosystems in Brazil. *Environ. Toxicol. Chem.* **1997**, 16, 112-118.
- (9) Votier, S. C.; Hatchwell, B. J.; Beckerman, A.; McCleery, R. H.; Hunter, F. M.; Pellatt, J.; Trinder, M.; Birkhead, T. R. Oil pollution and climate have wide-scale impacts on seabird demographics. *Ecol. Lett.* **2005**, 8, 1157–1164.
- (10) Broman, D.; Näf, C.; Lundbergh, I., Zebühr, Y. An in situ study on the distribution, biotransformation and flux of polycyclic aromatic hydrocarbons (PAHs) in an aquatic food chain (Seston-*Mytilus edulis* L.-*Somateria mollissima* L.) from the Baltic: an ecotoxicological perspective. *Environ. Toxicol. Chem.* **1990**, 9, 429-442.
- (11) Salomone, M. Ecological riches threatened as oil-spill history repeats itself. *Nature* **2002**, 420, 347.
- (12) Esler, D.; Bowman, T. D.; Trust, K. A.; Ballachey, B. E.; Dean, T.A.; Jewett, S. C.; O'Clair, C. E. Harlequin duck population recovery following the “Exxon Valdez” oil spill: progress, process and constraints. *Mar. Ecol. Prog. Ser.* **2002**, 241, 271-286.
- (13) Alonso-Alvarez, C.; Munilla, I.; López-Alonso, M.; Velando, A. Sublethal toxicity of the Prestige oil spill on yellow-legged gulls. *Environ. Int.* **2007**, 33, 773-781.
- (14) Peterson, C. H.; Rice, S. D.; Short, J. W.; Esler, D.; Bodkin, J. L.; Ballachey, B. E.; Irons, D. B. Long-term ecosystem response to the Exxon Valdez oil spill. *Science* **2003**, 302, 2082-2086.

- (15) Leighton, F. A. The toxicity of petroleum oils to birds: an overview. In *The effects of oil in wildlife: research, rehabilitation and general concerns*. Ed. by White, J. and Frink, L. Sheridan Press, Hanover, PA **1991**
- (16) Clark, R. B. Impact of oil pollution on seabirds. *Environ. Pollut.* **1984**, 33, 1-22.
- (17) Arcos, J. M.; Ruíz, X.; Furness, R. W. Mercury levels in seabirds and their fish prey at the Ebro Delta (NW Mediterranean): the role of trawler discards as a source of contamination. *Mar. Ecol. Prog. Ser.* **2002**, 232, 281-290.
- (18) Braune, B. M. Temporal trends of organochlorines and mercury in seabird eggs from the Canadian Arctic, 1975-2003. *Environ. Pollut.* **2007**, 148, 599-613.
- (19) Kayall, S.; Connell, D. W. Polycyclic aromatic hydrocarbons in biota from the Brisbane River Estuary, Australia. *Estuar. Coast. Shelf Sci.* **1995**, 40, 475-493.
- (20) Custer, T. W.; Custer, C. M.; Hines, R. K.; Sparks, D. W. Trace elements organochlorines, polycyclic aromatic hydrocarbons, dioxins and furans in lesser scaup wintering on the Indiana Harbor Canal. *Environ. Pollut.* **2000**, 110, 469-482.
- (21) Troisi, G. M.; Bexton, S.; Robinson, I. Polyaromatic hydrocarbon and PAH metabolite burdens in oiled common guillemots (*Uria aalge*) stranded on the east coast of England (2001-2002). *Environ. Sci. Technol.* **2006**, 40, 7938-7943.
- (22) Shore, R. F.; Wright, J.; Horne, J. A.; Sparks, T. H. Polycyclic aromatic hydrocarbon (PAH) residues in the eggs of coastal-nesting birds from Britain. *Mar. Pollut. Bull.* **1999**, 38, 509-513.
- (23) Hall, R. J.; Coon, N. C. Interpreting residues of petroleum hydrocarbons in wildlife tissues. *Biological Report* **1988**, 88 (15). US Fish and Wildlife Service, Washington, DC, USA
- (24) Varanasi, U.; Stein, J. E.; Nishimoto, M. *Metabolism of polycyclic aromatic hydrocarbon in the aquatic environment*. Varanasi, U. Ed., CRC Uniscience Series, CRC Press: Boca Raton, FL. **1989**, 93-150.
- (25) Naf, C.; Broman, D.; Brunstrom, B. Distribution and metabolism of polycyclic aromatic hydrocarbons (PAHs) injected into eggs of chicken (*Gallus domesticus*) and common eider duck (*Somateria mollissima*). *Environ. Toxicol. Chem.* **1992**, 11, 1653-1660.



- (26) Ariese, F.; Kok, S. J.; Verkaik, M.; Gooijer, C.; Velthorst, N. H.; Hofstraat, J. W. Synchronous fluorescence spectrometry of fish bile: A rapid screening method for the biomonitoring of PAH exposure. *Aquat. Toxicol.* **1993**, 26, 273-286.
- (27) Di Giulio, R. T.; Benson, W. H.; Sanders, B. M.; van Veld, P.A. Biochemical mechanisms: metabolism, adaptation and toxicity. In: Rand G. M., editor. *Fundamentals of Aquatic Toxicology*. Washington: Taylor and Francis, **1995**, 523-561.
- (28) Trust, K. A.; Esler, D.; Wooding, B. R.; Stegeman, J. J. Cytochrome P450 1A induction in sea ducks inhabiting nearshore areas of Prince William Sound, Alaska. *Mar. Pollut. Bull.* **2000**, 40, 397-403.
- (29) Clark M. R. Senescence of red blood cells: progress and problems. *Physiol. Rev.* **1988**, 68, 503-554.
- (30) Laurent, C.; Feidt, C.; Lichtfouse, E.; Grova, N.; Laurent, F.; Rychen, G. Milk-blood transfer of <sup>14</sup>C-tagged polycyclic aromatic hydrocarbons (PAHs) in pigs. *J. Agric. Food Chem.* **2001**, 49, 2493-2496.
- (31) Fernandez, N.; Cesar, A.; Gonzalez, M.; DelValls, T. A. Level of contamination in sediments affected by the Prestige oil spill and impact on the embryo development of the sea urchin. *Cienc. Mar.* **2006**, 32, 421-427.
- (32) Morales-Caselles, C.; Jimenez-Tenorio, N.; de Canales, M. L. G.; Sarasquete, C.; DelValls, A. T. Ecotoxicity of sediments contaminated by the oil spill associated with the tanker "Prestige" using juveniles of the fish *Sparus aurata*. *Arch. Environ. Contam. Toxicol.* **2006**, 51, 652-660.
- (33) Butler, R. G.; Lukasiewicz, P. A field study of the effect of crude oil on Herring gull (*Larus argentatus*) chick growth. *Auk* **1979**, 96, 809-812
- (34) Leighton, F. A.; Lee, Y. Z.; Rahimtula, A. D.; O'Brien, P. J.; Peakall, D. B. Biochemical and functional disturbances in red blood cells of herring gulls ingesting Prudhoe Bay crude oil. *Toxicol. Appl. Pharmacol.* **1985**, 81, 25-31.
- (35) Munilla, I. Henslow's swimming crab (*Polydora henslowii*) as an important food for yellow-legged gulls (*Larus cachinnans*) in NW Spain. *ICES J. Mar. Sci.* **1997**, 54, 631-634.

- (36) Oro, D.; Bosch, M.; Ruiz, X. Effects of a trawling moratorium on the breeding success of the yellow-legged gull *Larus cachinnans*. *Ibis* **1995**, 137, 547-549.
- (37) CSIC (Consejo Superior de Investigaciones Científicas). *CSIC technical reports* **2003**. No. 01 and 02 (in Spanish). <http://csicprestige.iim.csic.es/Informes.htm>
- (38) Keith, L. H.; Telliard, W. A. Priority pollutants. I. A perspective view. *Environ. Sci. Technol.* **1979**, 13, 416-423.
- (39) Still, A. W. On the numbers of subjects used in animal behaviour experiments. *Anim. Behav.* **1982**, 30, 873-880.
- (40) Bosch, X. Prestige wreck - For Spain, oil spill disaster is in the bag. *Science* **2003**, 302, 1485.
- (41) Wan, Y.; Xiaohui, J.; Hu, J.; Jin, F. Trophic dilution of polycyclic aromatic hydrocarbons (PAHs) in a marine food web from Bohai Bay, North China. *Environ. Sci. Technol.* **2007**, 41, 3109-3114.
- (42) Briggs, K. T.; Yoshida, S. H.; Gershwin, M. E. The influence of petrochemicals and stress on the immune system of seabirds. *Regul. Toxicol. Pharmacol.* **1996**, 23, 145-155.
- (43) Page, D. S.; Boehm, P. D.; Douglas, G. S.; Bence, A. E.; Burns, W.A.; Mankiewicz, P.J. Pyrogenic polycyclic aromatic hydrocarbons in sediments record past human activity: a case study in Prince William Sound, Alaska. *Mar. Pollut. Bull.* **1999**, 38, 247-260.
- (44) Fernández-Varela, R.; Gómez-Carracedo, M. P.; Fresco-Rivera, P.; Andrade, J. M.; Muniategui, S.; Prada, D. Monitoring photooxidation of the Prestige's oil spill by attenuated total reflectance infrared spectroscopy. *Talanta* **2006**, 69, 409-417
- (45) Gonzalez, J. J.; Vinas, L.; Franco, M. A.; Fumega, J.; Soriano, J. A.; Grueiro, G.; Muniategui, S.; Lopez-Mahia, P.; Prada, D.; Bayona, J. M.; Alzaga, R.; Albaiges, J. Spatial and temporal distribution of dissolved/dispersed aromatic hydrocarbons in seawater in the area affected by the Prestige oil spill. *Mar. Pollut. Bull.* **2006**, 53, 250-259.
- (46) Rodríguez, J. G.; Incera, M.; de la Huz, R.; López, J.; Lastra, M. Polycyclic aromatic hydrocarbons (PAHs), organic matter quality and meiofauna in Galician sandy beaches, 6 months after the *Prestige* oil-spill. *Mar. Pollut. Bull.* **2007**, 54, 1046-1052.

- (47) Osenberg, C. W.; Schmitt, R.J.; Holbrook, S. J.; Abusaba, K. E.; Flegal, A. R. Detection of environmental impacts: natural variability, effect of size, and power analysis. *Ecol. Appl.* **1994**, *4*, 16-30.
- (48) Soriano, S. J. A.; Franco, H. A.; Vinas, D. L.; Cambeiro, C. B.; Gonzalez, F. J. J. Preliminary data on polycyclic aromatic hydrocarbons (PAHs) in wild mussels from the Cantabrian coast (N Spain) following the Prestige oil spill. *Cienc. Mar.* **2006**, *32*, 457-463.
- (49) Lee, Y. Z.; Leighton, F. A.; Peakall, D. B.; Norstrom, R. J.; O'Brien, P. J.; Payne, J. F.; Rahimtul, A. D. Effects of ingestion of Hibernia and Prudhoe Bay crude oils on hepatic and renal mixed-function oxidase in nestling herring gulls (*Larus argentatus*). *Environ. Res.* **1985**, *36*, 248-255.
- (50) Ramesh, A.; Walker, S.; Hood, D. B.; Guillén, M. D.; Schneider, K.; Weyand, E. H. Bioavailability and risk assessment of orally ingested Polycyclic Aromatic Hydrocarbons. *Int. J. Toxicol.* **2004**, *23*, 301-333.

**TABLE 1.** Mean ( $\pm$ SE) PAH concentrations (ng/g) in the blood cells of yellow-legged gulls sampled in oiled and unoiled colonies in April-May 2004 and sampled at the colony of Illas Cies in 2005. (Colony abbreviations are: PA=Pantorgas, AN=Ansarón, CO=Coelleira, LO=Lobeiras, VI=Vionta, ON=Ons, CI=Cies;  $n$  =sample size).

PAHs (ng/g)	2004							<i>p</i>	2005		
	Unoiled			Oiled					<i>p</i>	CI ( $n=18$ )	<i>p</i>
	PA ( $n=6$ )	AN ( $n=7$ )	CO ( $n=12$ )	LO ( $n=15$ )	VI ( $n=7$ )	ON ( $n=7$ )	CI ( $n=7$ )				
Naphthalene	4.67 $\pm 0.67$	8.14 $\pm 0.85$	8.98 $\pm 2.72$	50.32 $\pm 30.20$	49.02 $\pm 14.78$	37.14 $\pm 11.67$	58.85 $\pm 48.54$	0.015	14.71 $\pm 2.33$	0.07	
Acenaphthene	1.19 $\pm 0.28$	1.55 $\pm 0.53$	3.33 $\pm 1.08$	5.93 $\pm 2.42$	0.69 $\pm 0.45$	3.50 $\pm 2.97$	0.57 $\pm 0.37$	0.32	4.33 $\pm 0.51$	<0.001	
Fluorene	3.14 $\pm 0.60$	3.82 $\pm 0.78$	5.38 $\pm 0.75$	29.52 $\pm 18.94$	10.46 $\pm 2.20$	20.37 $\pm 13.62$	11.00 $\pm 5.73$	0.050	1.72 $\pm 0.60$	0.008	
Phenanthrene	4.10 $\pm 0.47$	5.17 $\pm 0.97$	16.45 $\pm 2.99$	11.94 $\pm 1.49$	30.51 $\pm 9.45$	15.11 $\pm 3.53$	30.07 $\pm 20.55$	0.085	5.35 $\pm 1.00$	0.030	
Anthracene	8.95 $\pm 2.72$	9.73 $\pm 2.93$	6.90 $\pm 3.13$	17.78 $\pm 7.62$	13.64 $\pm 3.28$	15.46 $\pm 2.94$	15.00 $\pm 4.69$	0.036	8.82 $\pm 0.84$	0.015	
Fluoranthene	1.18 $\pm 0.43$	1.54 $\pm 0.61$	6.33 $\pm 1.31$	7.83 $\pm 2.06$	2.24 $\pm 1.08$	3.99 $\pm 2.29$	4.57 $\pm 2.56$	0.25	0.65 $\pm 0.15$	0.010	
Pyrene	6.91 $\pm 2.13$	9.18 $\pm 2.31$	8.52 $\pm 2.81$	13.87 $\pm 4.31$	9.57 $\pm 2.37$	13.92 $\pm 3.63$	15.59 $\pm 4.06$	0.039	8.68 $\pm 0.94$	0.012	
Benz[a]anthracene	38.96 $\pm 15.01$	53.76 $\pm 14.54$	3.14 $\pm 1.51$	29.03 $\pm 15.84$	11.71 $\pm 3.61$	12.47 $\pm 4.48$	9.54 $\pm 2.94$	0.20	6.77 $\pm 0.60$	0.09	
Chrysene	1.71 $\pm 1.14$	0.70 $\pm 0.15$	1.04 $\pm 0.19$	4.73 $\pm 3.24$	1.25 $\pm 0.59$	0.86 $\pm 0.24$	2.03 $\pm 0.48$	0.16	0.50 $\pm 0.06$	<0.001	
Benzo[b+j]fluoranthene	1.05 $\pm 0.49$	2.01 $\pm 1.04$	2.29 $\pm 0.82$	22.23 $\pm 17.96$	1.88 $\pm 0.60$	2.69 $\pm 1.14$	1.69 $\pm 0.36$	0.17	2.01 $\pm 0.29$	0.26	
Benzo[k]fluoranthene	1.81 $\pm 0.61$	1.58 $\pm 0.37$	4.93 $\pm 2.83$	9.86 $\pm 7.79$	1.88 $\pm 0.38$	2.32 $\pm 0.66$	1.68 $\pm 0.41$	0.31	0.57 $\pm 0.13$	0.001	
Benzo[a]pyrene	0.07 $\pm 0.02$	0.25 $\pm 0.09$	1.58 $\pm 0.99$	0.73 $\pm 0.21$	0.58 $\pm 0.34$	0.35 $\pm 0.16$	1.58 $\pm 0.55$	0.45	1.82 $\pm 0.37$	0.36	
Dibenz[a,h] anthracene	0.31 $\pm 0.24$	0.22 $\pm 0.15$	0.34 $\pm 0.10$	0.52 $\pm 0.28$	0.05 $\pm 0.00$	0.06 $\pm 0.01$	0.21 $\pm 0.11$	0.44	1.23 $\pm 0.26$	0.012	
Benzo[g,h,i]perylene	1.05 $\pm 0.49$	2.01 $\pm 1.04$	2.29 $\pm 0.82$	22.23 $\pm 17.96$	1.88 $\pm 0.60$	2.69 $\pm 1.14$	1.69 $\pm 0.36$	0.20	2.01 $\pm 0.29$	0.01	
Indeno[1,2,3-cd]pyrene	0.05 $\pm 0.00$	1.51 $\pm 0.88$	0.21 $\pm 0.08$	1.81 $\pm 1.00$	0.66 $\pm 0.55$	1.41 $\pm 0.98$	1.42 $\pm 0.60$	0.07	0.35 $\pm 0.14$	0.01	
$\Sigma$ PAH	75.15	101.17	71.71	228.33	136.20	132.34	154.53	0.02	57.65	0.03	

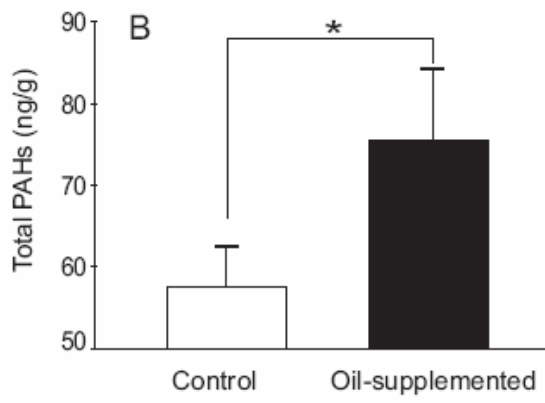
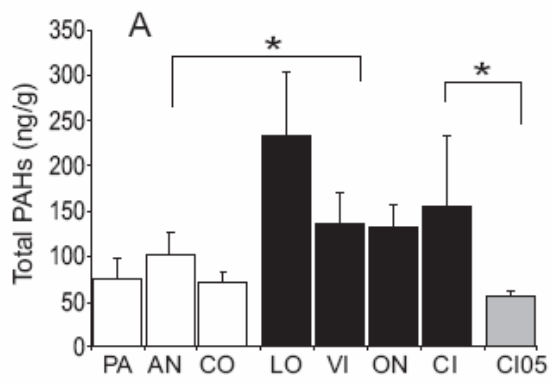
## FIGURE LEGENDS

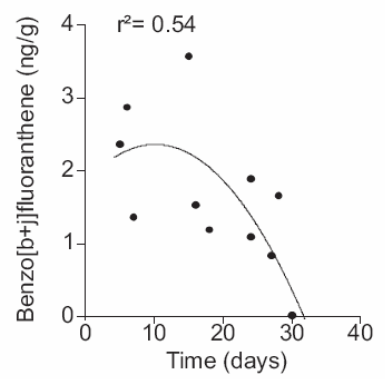
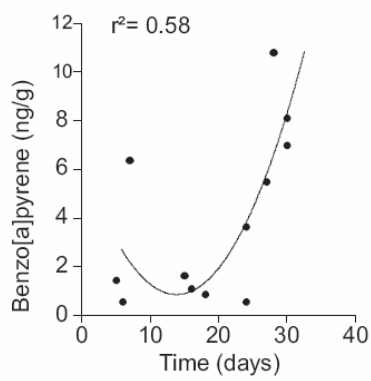
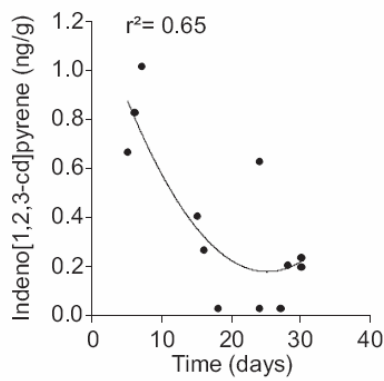
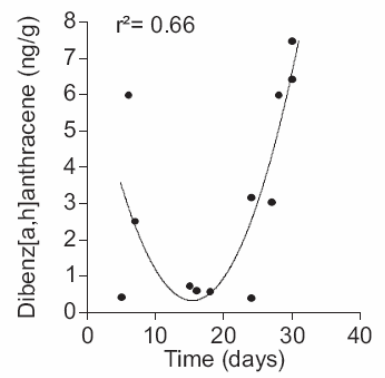
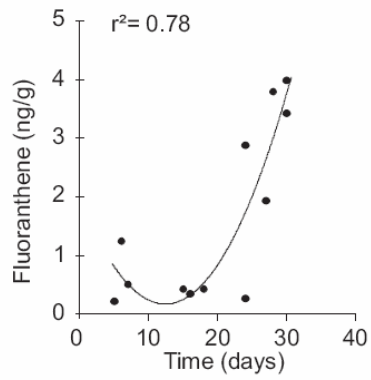
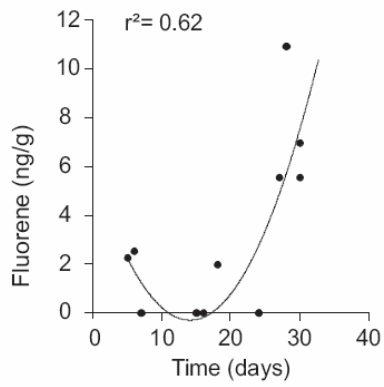
**FIGURE 1.** Mean ( $\pm$ SE) PAH levels in the blood cells of yellow-legged gulls from A) unoiled and oiled colonies (open and black bars, respectively) and illas Cíes in 2005, and B) from gulls fed vegetable oil (control group, open bar) and vegetable oil plus *Prestige* oil (oil-supplemented group, black bar), (Colony abbreviations are: PA=Pantorgas, AN=Ansarón, CO=Coelleira, LO=Lobeiras, VI=Vionta, ON=Ons, CI=Cíes 2004 and CI05=Cíes 2005).

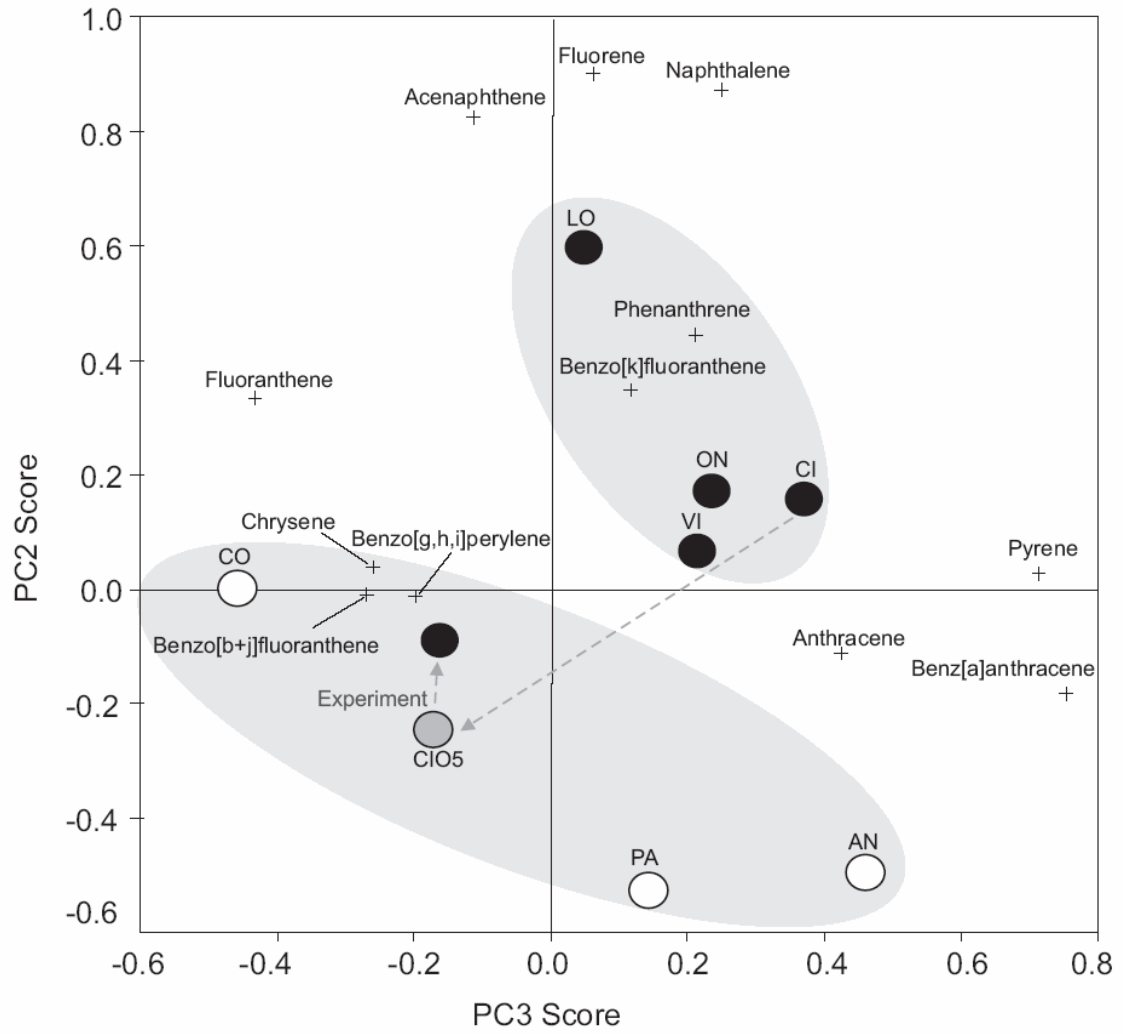
\*  $p < 0.05$

**FIGURE 2.** Significant relationship of PAHs of blood cells levels from gulls fed with *Prestige* heavy fuel oil and elapsed time between the end of oil feeding and the capture of gulls.

**FIGURE 3.** Principal Component Analysis (PCA) diagram of 15 *Prestige* oil PAHs, PAH levels in oiled colonies (closed circles) and unoiled colonies (open circles) and PAH levels in gulls subject to the oil ingestion experiment. The long broken line shows the comparison between gulls sampled at Cíes in the 2004 and 2005 (CI05, control group in the experiment) breeding periods. The closed circle at the end of the shorter arrow shows PAH levels from oil-supplemented gulls in the experiment (Colony abbreviations are: PA=Pantorgas, AN=Ansarón, CO=Coelleira, LO=Lobeiras, VI=Vionta, ON=Ons, CI=Cíes 2004 and CI05=Cíes 2005).









## **Brief**

This study shows that seabirds were exposed to *Prestige* oil 17 months after the spill, supporting the use of seabird blood to monitor oil pollution.

## SUPPORTING INFORMATION

**MANUSCRIPT TITLE:** Monitoring PAH pollution in the marine environment after the Prestige oil-spill by means of seabird blood analysis

**AUTHORS:** Cristóbal Pérez, Alberto Velando, Ignacio Munilla, Marta López-Alonso, Daniel Oro

This supporting information (7 pages including this cover page) contains details of analytical methods, 2 figures and 2 Tables:

**PAGE S2-S3.** Details on oil ingestion experiment and PAH analysis.

**FIGURE S1.** Coastal areas affected by the *Prestige* oil spill. Unoiled and oiled colonies are shown

**FIGURE S2.** Levels of 15 PAHs in the blood cells of yellow-legged gulls subject to an oil ingestion experiment

**TABLE S1.** Limits of detection and percentage recoveries ( $\pm$ SE) of 15 PAHs analyzed.

**TABLE S2.** Relative composition (%) of 15 PAHs in the oil used in the ingestion experiment and the individual daily dose ingested by experimental yellow-legged gulls.

## **OIL-INGESTION EXPERIMENT**

Ethical considerations were taken into account in the design to avoid unnecessary harm to animals while still eliciting a measurable response. Thus, the number of experimental subjects was kept as low as possible (1) and we opted for an amount of oil that was well below the dosage used in previous experiments (2, 3). The oil-supplemented group was restricted to 16 pairs that were fed daily with 0.04 ml of Prestige oil (kindly provided by Instituto Español de Oceanografía under the control of the Spanish Technical Bureau of Marine Spills; [otvm.uvigo.es](http://otvm.uvigo.es)) during seven consecutive days (0.3 ml in total per pair; individual daily PAHs dose: 59.15 µg; Table S2). Oil was dissolved in 6 ml of vegetable oil and spread over a slice of white bread. To minimize the risk of theft by non-target birds, the oiled bread was placed in the territory hidden in vegetation as close to the nest as possible (4). Pairs from the control group were fed in a similar manner with bread and vegetable oil.

## **ANALYSIS OF PAHS**

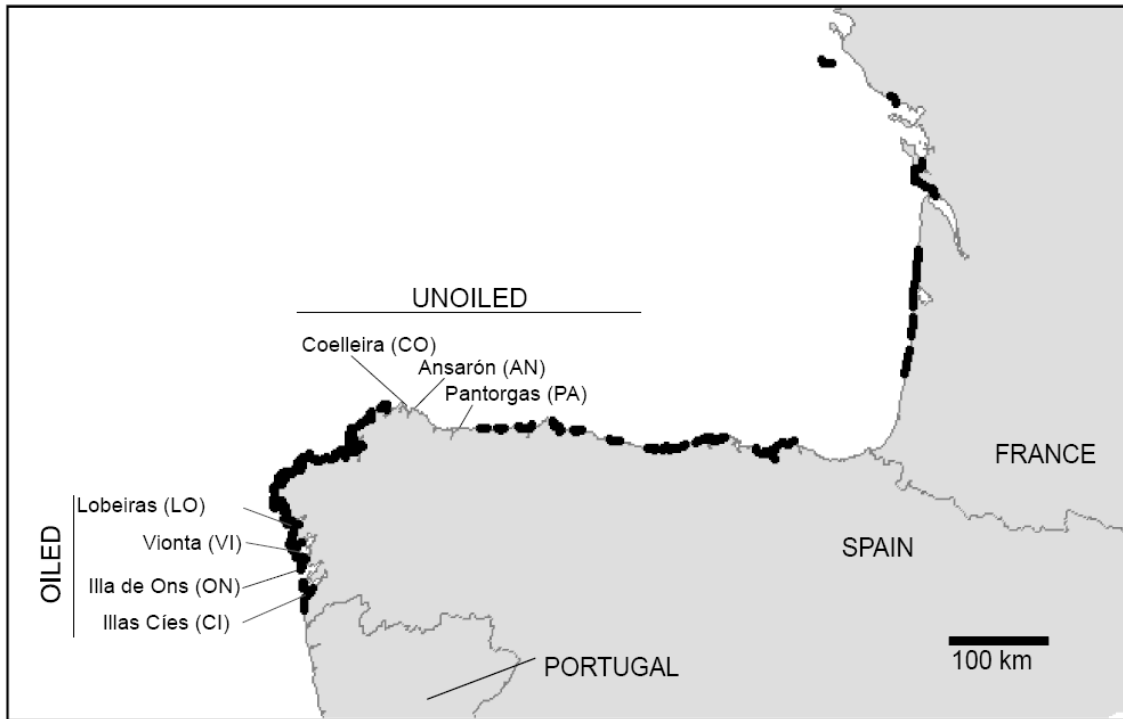
After microwave extraction with a 1:1 mixture of acetone and hexane, the extract was cleaned-up using a deactivated alumina column with hexane as eluant. PAH levels were determined by high performance liquid chromatography (HPLC) coupled to a wavelength programmable fluorescence detector (5). Samples (100 µl) were injected into a HPLC system fitted with a Waters PAH analytical column (250 mm x 4.6 mm x 5µm). The mobile phase was acetonitrile:water in gradient elution and at a flow rate of 1.2 ml/min. The column oven temperature was maintained at 27 °C. For every group of 10 blood samples, a blank sample was included and processed through extraction and cleanup procedures to check for any external sources of contamination. From the analysis of serial dilution of standards (SRM 2977), the limit of detection was calculated (Table S1). Recovery of PAHs was analyzed by adding a mixture of PAHs (200 ng/g of each compound) to a pool of blood cells and compared with the original values (Table S1).

The accuracy and precision of the analytical procedure were tested using two different methods. Since no certified quality controls on blood samples are available, we used a mussel tissue, a rich lipid matrix. First, we compared PAH levels analyzed by HPLC and GC-MS in the same mussel samples. The PAH concentrations determined by HPLC did not differ than those concentrations by GC-MS ( $p > 0.1$ ), except for fluorene concentration that was 8% lower in HPLC compared with GC-MS. In addition, certified

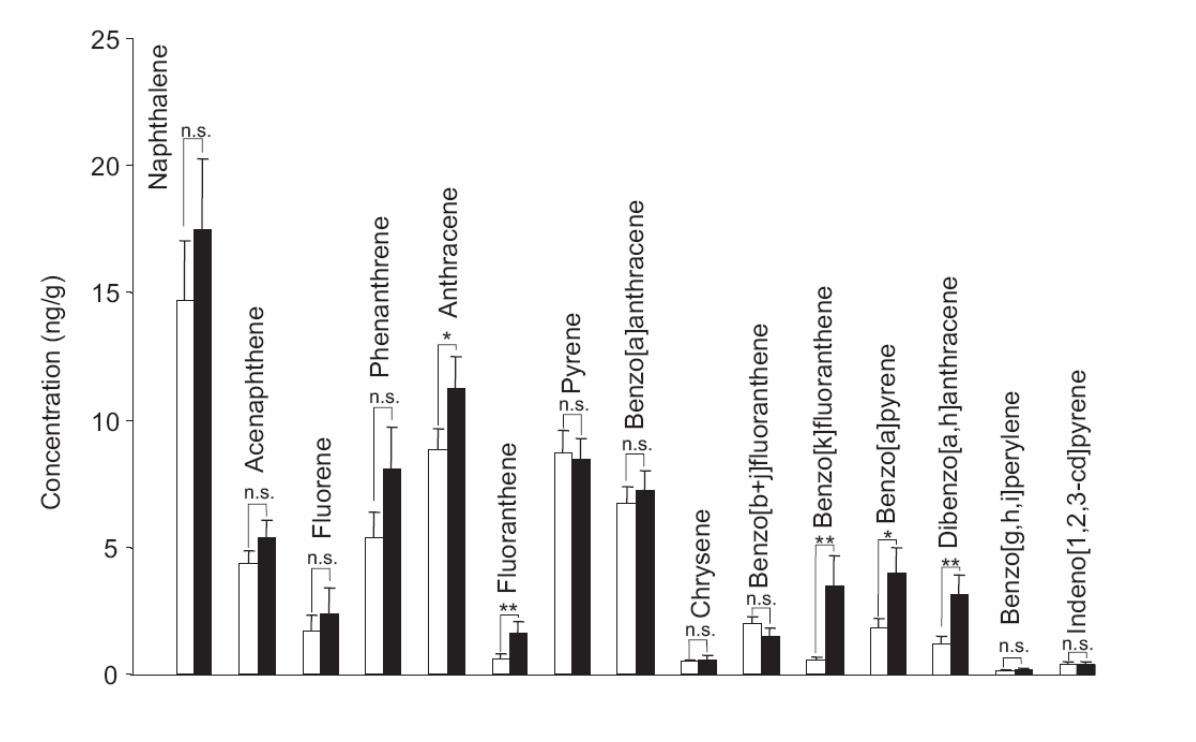
quality control from the National Institute of Standard and Technology (Gaithersburg, USA; NIST SRM 2977) was used to compare with our analytical procedure. All PAH compounds were within the certified range except for benz[a]anthracene, benzo[g,h,i]perylene levels that were 6 and 11%, respectively, lower and fluorine, benzo[b+j]fluoranthene that were 6 and 5%, respectively, higher than certified values. Moreover, our analytical procedure was involved in the “Prestige 2004 Intercalibration Trial” held by the Instituto Español de Oceanografía (unpublished data). From the basis of IUPAC classification (6) the method proficiency was judged as satisfactory ( $|z| < 2$ ).

### Literature Cited

1. Still, A.W. On the numbers of subjects used in animal behaviour experiments. *Anim. Behav.* **1982**, 30, 873-880.
2. Butler, R.G.; Lukasiewicz, P. A field study of the effect of crude oil on Herring gull (*Larus argentatus*) chick growth. *Auk* **1979**, 96, 809-812
3. Leighton, F.A. The toxicity of petroleum oils to birds:an overview. In *The effects of oil in wildlife: research, rehabilitation and general concerns*. Ed. by White, J. and Frink, L. Sheridan Press, Hanover, PA **1991**
4. Pérez, C.; Velando, A.; Dominguez, J. Parental food conditions affect sex-specific embryo mortality in the yellow-legged gull (*Larus michahellis*). *J. Ornithol.* **2006**, 147, 513-519.
5. Viñas-Diéguez, L. Evaluación de Hidrocarburos Aromáticos Policíclicos (HAPs) por Cromatografía Líquida de Alta Eficacia (CLAE) en el Entorno Marino Gallego. PhD dissertation. Universidade de Vigo. Spain. **2002**.
6. Thompson, M.; Wood, R. The International harmonized protocol for the proficiency testing of (chemical) analytical laboratories. *Pure Appl. Chem.* **1993**, 65, 2123-2144.



**FIGURE S1.** Coastal areas affected by the *Prestige* oil spill. Unoiled and oiled colonies are shown (Source: Oficina Técnica de Vertidos Marinos, Ministerio de Educación y Ciencia. <http://otvm.uvigo.es/accidentprestige/litoralafectado.html>). Colony codes in parentheses as given in text.



**FIGURE S2.** Levels of 15 PAHs in the blood cells of yellow-legged gulls subject to an oil ingestion experiment: control group (open bars) and oil-supplemented group (black bars). n.s.  $p > 0.05$ , \*  $p < 0.05$ , \*\*  $p < 0.01$ .

**TABLE S1.** Limits of detection and percentage recoveries ( $\pm$ SE) of 15 PAHs analyzed.

Polycyclic Aromatic Hydrocarbons	Detection limit (ng/g)	Recovery (% $\pm$ SE)
Naphthalene	0.02	77.44 $\pm$ 1.53
Acenaphthene	0.01	84.50 $\pm$ 1.78
Fluorene	0.01	102.11 $\pm$ 2.04
Phenanthrene	0.01	94.68 $\pm$ 2.70
Anthracene	0.02	90.92 $\pm$ 1.71
Fluoranthene	0.01	94.44 $\pm$ 1.36
Pyrene	0.01	97.12 $\pm$ 1.13
Benz[a]anthracene	0.04	81.71 $\pm$ 1.79
Chrysene	0.03	95.11 $\pm$ 0.78
Benzo[b+j]fluoranthene	0.05	93.13 $\pm$ 0.94
Benzo[k]fluoranthene	0.05	93.55 $\pm$ 1.09
Benzo[a]pyrene	0.05	96.47 $\pm$ 4.01
Dibenz[a,h] anthracene	0.02	97.53 $\pm$ 1.66
Benzo[g,h,i]perylene	0.01	94.58 $\pm$ 0.34
Indeno[1,2,3-cd]pyrene	0.05	93.75 $\pm$ 0.29

**TABLE S2.** Relative composition (%) of 15 PAHs in the oil used in the ingestion experiment and the individual daily dose ingested by experimental yellow-legged gulls.

Polycyclic Aromatic Hydrocarbons	%	Total <sup>1</sup> ( $\mu\text{g}$ )	Dose <sup>2</sup> ( $\text{ng/g}$ )
Naphthalene	14.54	8.60	9.82
Acenaphthene	5.61	3.32	3.78
Fluorene	1.01	0.60	0.68
Phenanthrene	3.79	2.24	2.55
Anthracene	26.32	15.57	17.76
Fluoranthene	5.78	3.42	3.90
Pyrene	4.55	2.69	3.06
Benz[a]anthracene	17.50	10.35	11.80
Chrysene	6.48	3.83	4.37
Benzo[b+j]fluoranthene	9.04	5.35	6.10
Benzo[k]fluoranthene	1.35	0.79	0.91
Benzo[a]pyrene	2.16	1.28	1.46
Dibenz[a,h] anthracene	0.27	153	0.18
Benzo[g,h,i]perylene	0.12	0.07	0.08
Indeno[1,2,3-cd]pyrene	1.13	0.67	0.77
$\Sigma$ PAH	100	59.15	67.47

<sup>1</sup>Total amount of PAHs present in on the crude oil daily ingested by individual gulls

<sup>2</sup>PAH dose in relation to adult body mass ( $876.7 \pm 41.4$  g)